

Personal Gear Recommendations for Scouts
compiled by Troop 33, Orange County Council

Item	Comments	Products	Source
CAR CAMPING			
Sleeping bag	A basic bag will work for 90% of campouts. Look for ones that are machine washable with cotton liners. Get one rated to 40 degrees. Make sure it's easy to pack.	Coleman "Brazos" \$30, "Kern River" or "Mountain Ridge"	Target, Big 5
Sleeping pad	Avoid pads that are difficult to pack away. Boys don't need much padding.	Thermarest Z Lite Sol, \$45	REI
Boots	Any decent trail shoe or heavy duty sneaker. No Vans or Healy's. Boots are only necessary for backpacking.		Big 5
Duffel	5500 cubic inch open top duffel at least 30" long. A boy should be able to carry everything in one duffel and his daypack.	Cabela's Gear Duffel Bag \$50, L.L. Bean's Large Adventure Duffel \$60	Cabela's, L.L. Bean
Daypack	Hydration pack (built in water bladder) big enough to hold 70 oz of water, the "10 essentials" and Scout Handbook.	Camelback Cloudwalker \$80	REI, Big 5, Sports Authority
Canteen	If you're not using a hydration pack, almost any water bottle will do. Preferable for summer camp.		
Lighting	Skip the flashlight and go with a LED headlamp. At least 30 lumens. Red LED option good for preserving night vision.	Princeton Tec Fuel	REI \$30 Amazon \$22
BACKPACKING			
Sleeping bag	Down bag under 4.5 lbs rated to 20 degrees or colder. Good for all cold weather camping and backpacking. Expensive and fragile.	REI Radiant +20, \$219	REI
Sleeping pad	The Thermarest Z works great for backpacking, too.	Thermarest Z Lite Sol, \$45	REI
Boots	Borrow a pair of good boots from the troop closet. They should fit well with hiking socks.	If you can't borrow a good fitting pair, find something under \$50.	Troop 33, Big 5
Backpack	Borrow from the troop inventory.		Troop 33